Hosted by

MENACTRIMS
Middle East North Africa Committee for Treatment and Research in Multiple Sclerosis

11th MENACTRIMS Congress



ATTEND OUR NURSING SESSION

Saturday, December 5, 2026
Al Amwaj, Intercontinental Hotel
Festival City, Dubai, United Arab Emirates

Agenda

09:00-10:30	**Nursing Session I** **The MS Nurse: Patient Care, Leadership, and Advocacy** *Chair: J. Massouh (AE)*	
09:00-09:30	Screening for the Invisible Symptoms of MS	S. Farouk Ahmed (KW)
09:30-10:00	Beyond Clinical Care: The Expanding Impact of MS Nursing	W. Widener (US)
10:00-10:30	The Global MS Landscape: Inequities, Unmet Needs, and the Role of Nurses	L. Makaroff (UK)
10:30-11:00	Coffee Break	
11:00-12:30	**Nursing Session II** **Advancing MS Nursing Practice** *Chair: J. Massouh (AE)*	
11:00-11:30	Recognizing Clinical Deterioration in MS: The Nurse's Role	A. Ismail (AE)
11:30-12:00	Research Made Practical: Developing Research Ideas in MS Nursing	M. Zeineddine (LB)
12:00-12:30	The MS Nursing Consultation: A Practical Approach	R. Servano (AE)
12:30-14:00	Lunch Break	
14:00-14:30	**Nursing Industry Talk I hosted by Novartis**	
14:30-15:00	**Nursing Industry Talk II hosted by Roche**	
15:00-15:30	**Nursing Industry Talk III hosted by Merck**	
15:30-16:00	**Nursing Industry Talk IV hosted by Sanofi**	
16:00-16:30	**Nursing Industry Talk V hosted by AstraZeneca**	
16:30-17:00	**Nursing Industry Talk VI hosted by Amgen**	
17:00-17:30	**Nursing Industry Talk VI hosted by Biogen**	

"Registration is walk in as part of registering for the congress."

For more information visit: **2026.menactrims.org**

Speakers



Ms. Joelle Massouh
Clinical Manager of Neurology Institute and Multiple Sclerosis Center
Harley Street Medical Centre
Abu Dhabi, United Arab Emirates



Dr. Samar Farouk Ahmed
Consultant Neurologist
Ibn Sina Hospital
Kuwait City, Kuwait



Dr. Wallette Widener
Nurse Practitioner, President of International Organization of Multiple Sclerosis Nurses
Savannah Neurology Specialists
Savannah, United States of America



Dr. Lydia Makaroff
Chief Executive
Multiple Sclerosis International Federation (MSIF)
Cambridge, United Kingdom



Dr. Azza Ismail
Consultant Neurologist
Sheikh Shakhbout Medical City
Abu Dhabi, United Arab Emirates



Dr. Maya Zeineddine
PhD, Clinical Associate Professor, MS Certified Specialist, Executive Secretary MENACTRIMS
Lebanese American University
Beirut, Lebanon



Ms. Rosario Servano
Multiple Sclerosis Nurse & Care Coordinator
Sheikh Shakhbout Medical City
Abu Dhabi, United Arab Emirates

Target Audience

Nurses, pharmacists, and other healthcare professionals interested in the field of multiple sclerosis.