



SCIENTIFIC PROGRAM



PRE-MENACTRIMS WORKSHOP THURSDAY, DECEMBER 3, 2026 AL BARAHA 1

09:00-10:30	Ocular Motor Disorders in MS and Other Diseases: Diagnosis and Treatment	M. Strupp (DE)
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PARADIGMS PRE-MENACTRIMS SYMPOSIUM THURSDAY, DECEMBER 3, 2026 AL BARAHA 1

From Signals to Decisions: Technological, Imaging and Fluid Biomarkers in MS Treatment <i>Chairs: President of MENACTRIMS, B. Yamout (AE)</i>		
13:45-14:45		
13:45 – 13:50	Welcome	B. Yamout (AE) & C. Oreja-Guevara (ES)
13:50 – 14:05	Technological Biomarkers	T. Ziemssen (DE)
14:05 – 14:20	Imaging Biomarkers	C. Oreja-Guevara (ES)
14:20 – 14:35	Fluid Biomarkers	M. Magyari (DK)
14:35 – 14:45	Q&A and Panel Discussion	All faculty, facilitated by B. Yamout (AE)



TBA



TBA



MERCK MEDICAL GRAND ROUNDS PRE-MENACTRIMS SYMPOSIUM
THURSDAY, DECEMBER 3, 2026 AL BARAHA 1

Chair: G. Giovannoni (UK)

All faculty,
moderated by G.
Giovannoni (UK)



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ELEVENTH MENACTRIMS CONGRESS FRIDAY, DECEMBER 4, 2026 MAIN HALL

08:00-09:00 Registration & Morning Coffee

09:00-10:15 **Session I: PIRA: A New Therapeutic Target** *Chairs: C. Oreja-Guevara (ES), J. Inshasi (AE)*

09:00-09:20	Reevaluating the Concept of PIRA	M. Zakaria (EG)
09:20-09:40	How to Detect PIRA in Clinical Practice	Y. Al-Malik (SA)
09:40-10:00	Effectiveness of Escalation Vs. Early High-Efficacy Therapies on PIRA	H. P. Hartung (DE)
10:00-10:15	<i>Panel Discussion</i>	

10:15-10:45 **Satellite Symposium hosted by Novartis** *Chair: TBA*

10:45-11:00 Coffee Break

11:00-12:00 **Session II: Pregnancy and Breastfeeding in MS, NMOSD and MOGAD** *Chairs: A. Siva (TR), M. Al-Jumrah (SA)*

11:00-11:25	UpdatedECTRIMS Guidelines on Pregnancy and Breastfeeding in MS	S. Vukusic (FR)
11:25-11:50	UpdatedECTRIMS Guidelines on Pregnancy and Breastfeeding in NMOSD AND MOGAD	K. Hellwig (DE)
11:50-12:00	<i>Panel Discussion</i>	

12:00-12:15 **Welcome and Introduction** *B. Yamout (AE), President of MENACTRIMS*

12:15-12:45 **Satellite Symposium hosted by AstraZeneca** *Chair: TBA*

12:45-14:00 Prayer Break and Lunch (Buses Leave at 12:35)

14:00-15:15 **Session III: Aging and MS: Managing DMTs** *Chairs: S. Bohlega (SA), A. Shatila (AE)*

14:00-14:20	Biological Vs Chronological Aging in MS	N. Grigoriadis (GR)
14:20-14:40	Treatment Discontinuation: Where Do We Stand?	T. Kalincik (AU)
14:40-15:00	Anti-CD20 Therapies: When and How to De-escalate?	B. Yamout (AE)
15:00-15:15	<i>Panel Discussion</i>	



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15:15-15:45	Satellite Symposium hosted by Sanofi <i>Chair: TBA</i>
15:45-16:15	Coffee Break
16:15-17:15	Session IV: Oral Presentations <i>Chairs: A. Abulaban (SA), M. Shakra (AE)</i>
17:15-17:45	Satellite Symposium hosted by NeuraxPharm <i>Chair: TBA</i>
19:30-22:30	Congress Dinner (by ticket only)



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ELEVENTH MENACTRIMS CONGRESS SATURDAY, DECEMBER 5, 2026 MAIN HALL

08:30-09:00 Registration & Morning Coffee

09:00-10:15	Session V: The Changing Epidemiology and Natural History of MS <i>Chairs: M. Dahdaleh (JO), A. M. Hassan (AE)</i>	
09:00-09:20	Changes in Incidence and Prevalence of MS Over Time	M. Magyari (DK)
09:20-09:40	Trends in Epidemiology of MS in the MENA Region	R. Gouider (TN)
09:40-10:00	Are we Modifying Long-Term Prognosis with Early High Efficacy Treatment	B. Singer (US)
10:00-10:15	<i>Panel Discussion</i>	
10:15-10:30	Coffee Break	
10:30-11:00	Satellite Symposium hosted by Merck <i>Chair: TBA</i>	
11:00-12:00	Session VI: European Charcot Foundation Symposium Cell-Based Therapies in MS: Emerging Frontiers <i>Chairs: H. P Hartung (DE), S. Makkawi (SA)</i>	
11:00-11:25	CAR-T Cell Therapy in MS: Rational and Early Clinical Evidence	H. P Hartung (DE)
11:25-11:50	Autologous Hematopoietic Stem Cell Transplantation: Patient Selection and Outcomes	P. Muraro (UK)
11:50-12:00	<i>Panel Discussion</i>	
12:00-12:30	Satellite Symposium hosted by Roche <i>Chair: TBA</i>	
12:30-14:00	Lunch Break	
14:00-15:15	Session VII: Hot Topics in MS <i>Chairs: A. Mahdawi (IQ), S. Aljarallah (SA)</i>	
14:00-14:20	RIS and How to Mange it With the New McDonald Criteria	R. Alroughani (KW)
14:20-14:40	Lifestyle Interventions to Improve Outcomes in MS	G. Giovannoni (UK)
14:40-15:00	Accelerating Treatments for Progressive MS: From Experimental to Clinical Trials	L. Makaroff (UK)
15:00-15:15	<i>Panel Discussion</i>	
15:15-15:45	Satellite Symposium hosted by Amgen <i>Chair: TBA</i>	



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15:45-16:00	Coffee Break	
16:00-17:15	Session VIII: Differential Diagnosis of MS <i>Chairs: S. Ahmed (EG), S. Daoudi (DZ)</i>	
16:00-16:20	Infectious Myelitis	S. Atweh (LB)
16:20-16:40	Autoimmune Encephalitis	E. Shousha (SA)
16:40-17:00	Diagnostic Impact of CVS and PRL in Clinical Practice	K. Toljan (AE)
17:00-17:15	Panel Discussion	
17:15-17:45	Satellite Symposium hosted by Biogen <i>Chair: TBA</i>	
17:45-18:00	Closing Ceremony and Awards Presentation <i>B. Yamout (AE), President of MENACTRIMS</i>	



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NURSING SESSION

SATURDAY, DECEMBER 6, 2026 AL NOOR

Nursing Session I Foundations of MS Nursing Care and Patient Education <i>Chair: TBA</i>		
09:00-10:45		
09:00-10:45	Understanding MS Disease Activity and Treatment Goals for Nursing Practice	TBA
09:30-10:15	Monitoring DMT Safety, Adherence, and Patient Support	TBA
10:15-10:45	Communicating Relapse, Progression, and Red-Flag Symptoms to the Care Team	TBA
10:45-11:00	Coffee Break	
Nursing Session II Patient-Centered MS Care Across the Disease Course <i>Chair: TBA</i>		
11:00-12:45		
11:00-11:30	Supporting Women, Families, and Special Populations Living with MS	TBA
11:30-12:00	Fatigue, Cognition, Mental Health, and Quality-of-Life Screening	TBA
12:00-12:45	Coordinating Multidisciplinary Care and Long-Term Follow-Up in MS	TBA
12:45-14:00	Lunch Break	
14:00-14:30	Nursing Industry Talk I hosted by TBA <i>Chair: TBA</i>	
14:30-15:00	Nursing Industry Talk II hosted by TBA <i>Chair: TBA</i>	
15:00-15:30	Nursing Industry Talk III hosted by TBA <i>Chair: TBA</i>	
15:30-16:00	Nursing Industry Talk IV hosted by TBA <i>Chair: TBA</i>	
16:00-16:30	Nursing Industry Talk V hosted by TBA <i>Chair: TBA</i>	
16:30-17:00	Nursing Industry Talk VI hosted by TBA <i>Chair: TBA</i>	
17:00-17:30	Nursing Industry Talk VII hosted by TBA <i>Chair: TBA</i>	